

An aerial photograph of a campus at sunset. A river flows through the scene, with a bridge crossing it. The sun is low on the horizon, casting a warm glow over the buildings and trees. The sky is filled with scattered clouds, and a few streaks of light are visible in the upper right.

Systemic Supervision: Current and Common Issues



Systemic Supervision: Current and Common Issues

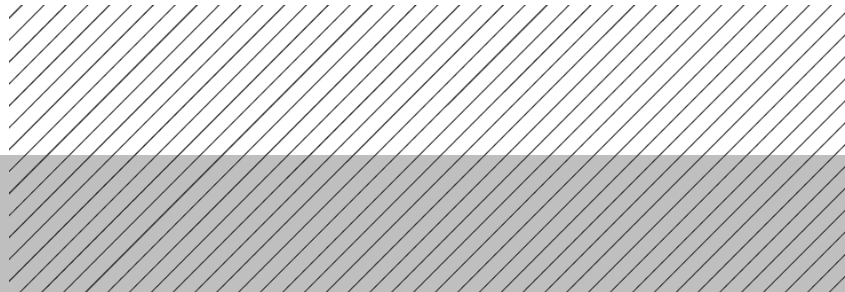
Presenters:

Jana Sutton, Ph.D., LPC-S, LMFT-S

Professor and Program Director, ULM, Marriage and
Family Therapy

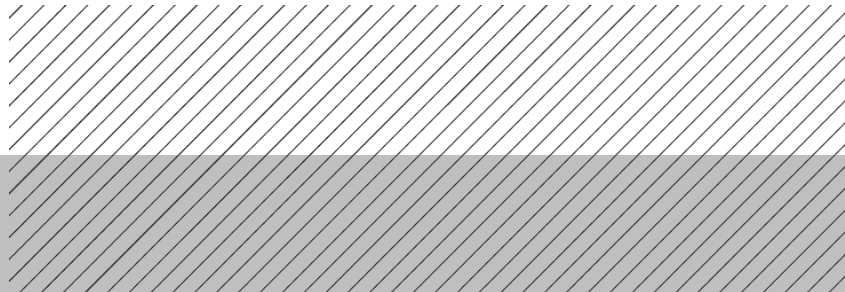
Samuel Shannon, Ph.D., LMFT

Associate Professor and Clinic Director, ULM, Marriage
and Family Therapy



Participant Introduction and Discussion

1. What is your supervisor status/journey?
2. What would you like to learn by the end of today's workshop?
3. What are some common issues you see in supervision?
4. What are some current issues you are seeing in supervision?



Course Description

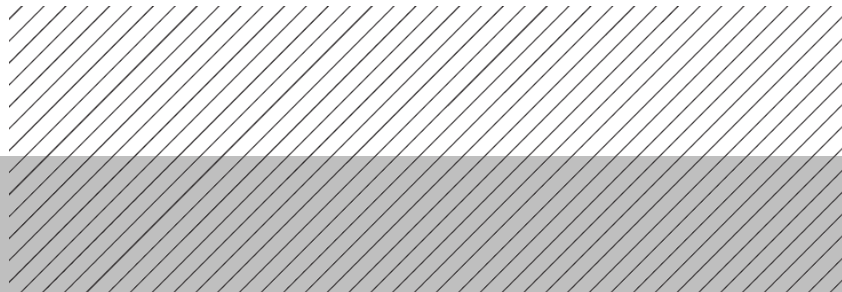
This workshop is designed for supervisors and clinicians working toward supervisor credentials. The workshop will be interactional and participatory, creatively utilizing case examples from audience members.

The focus will be on **common issues** supervisees bring to supervision, such as:

- Self-of-the-therapist issues
- Being stuck in session or with a case
- Siding with one client over another
- Not making therapeutic progress

A second focus will be on **current issues** in supervision, such as:

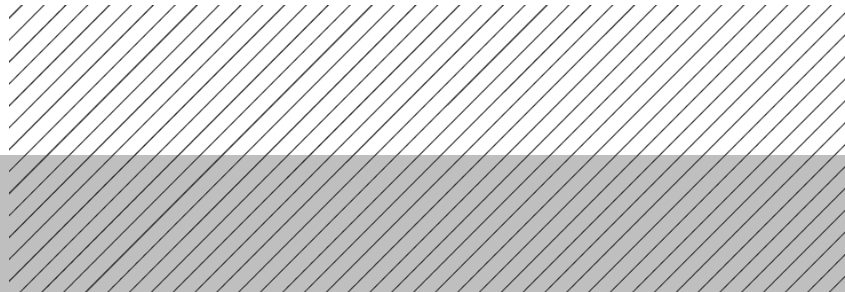
- The use of AI
- Virtual relationships
- Virtual supervision

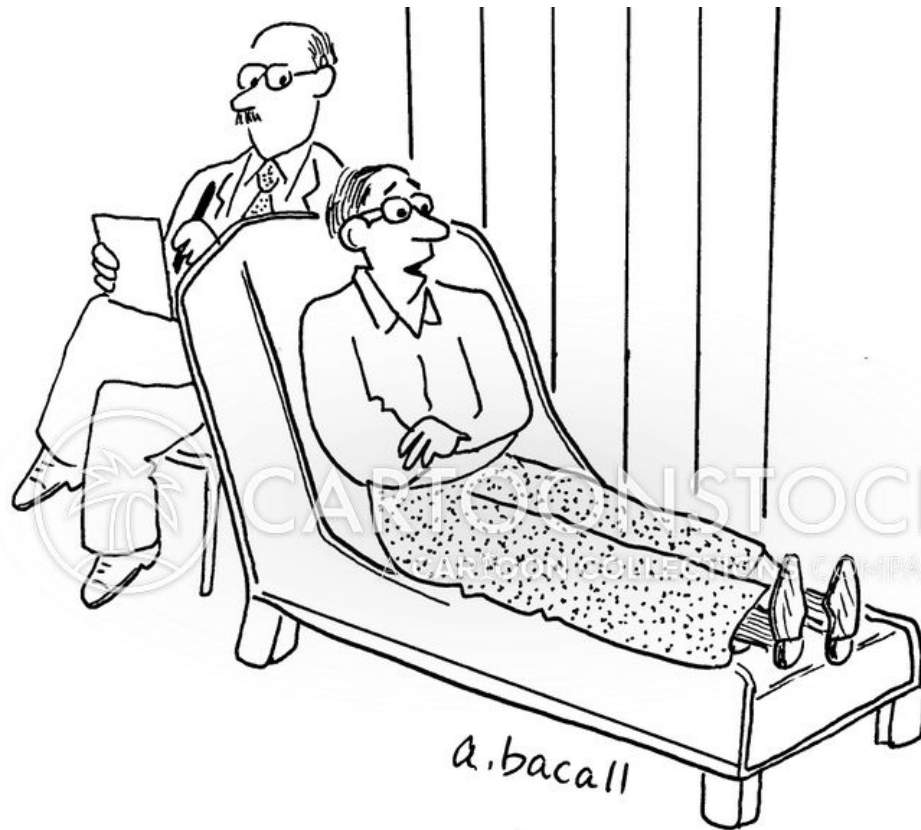


Learning Objectives

Attendees will learn/review:

- Systemic and relational approaches to supervision
- How to address common issues in supervision
- How to address current issues in supervision





Jana Sutton's Supervision Philosophy and Style

**"It takes a special supervisor to admit he's wrong.
So far I can admit to being a special supervisor.
I'm still working on the second part."**





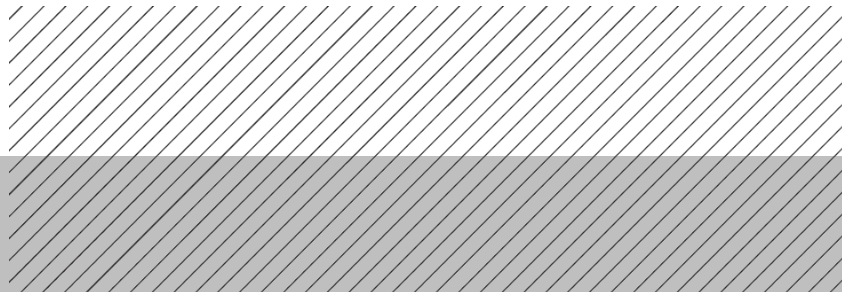
Samuel Shannon's Supervision Philosophy and Style

*"It just never dawned on me that one of his super powers
was supervising."*



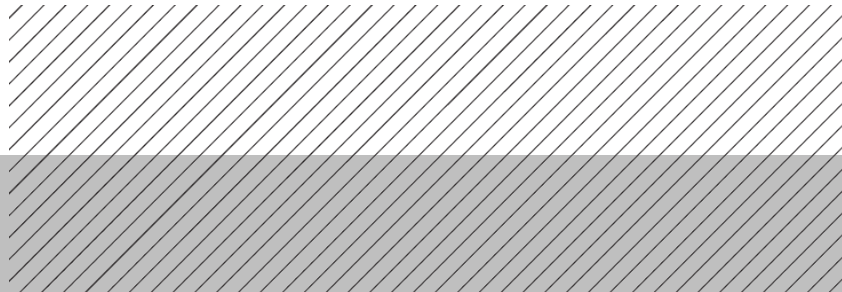
MFT/Systemic Supervision Philosophy

- Context
- Process
- Both/And
- Interactional
- Mutual Causality/Mutual Influence
- Second Order Change
- Non-Pathological
- Non-Judgmental
- Creative



Systemic Approaches to Supervision

- Solution-Focused Supervision
- Contextual Supervision
- Other
 - MRI
 - Bowenian
 - Symbolic Experiential
 - Structural
 - Strategic
 - Narrative
 - Collaborative Language





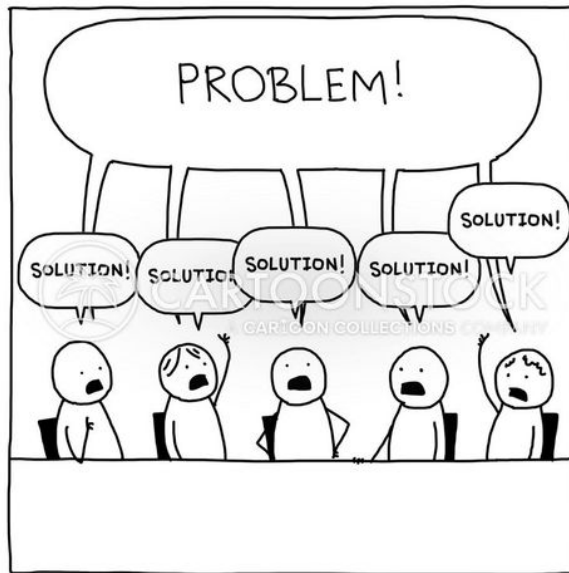
Group Activities



Group Activities

CS605756

JUST BECAUSE PEOPLE MEAN WELL



DOESN'T MEAN THEY COLLABORATE WELL

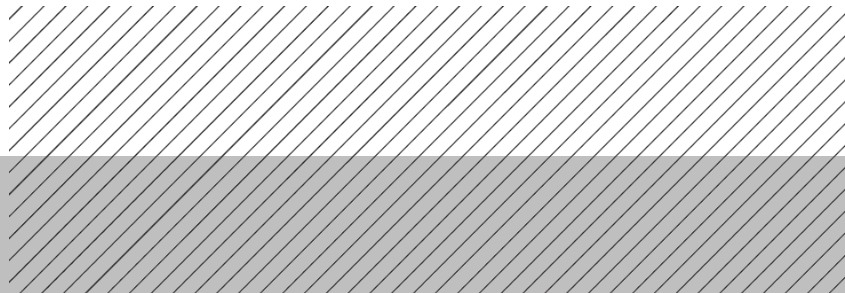


If we pull together ANYTHING is possible.



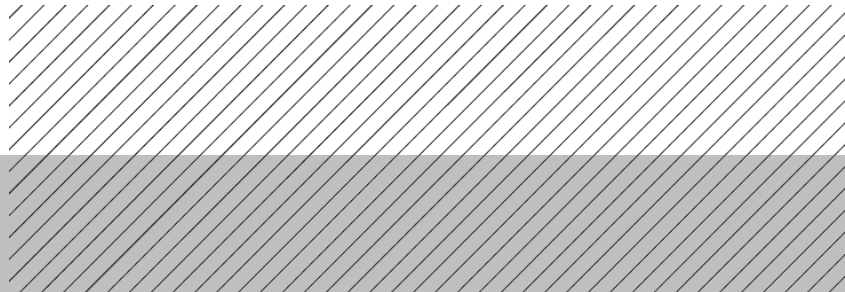
Common Issues, Case Examples

- Self of the therapist issues
- Being stuck in session or with a case
- Siding with one client over another
- Not making therapeutic progress



Current Issues, Case Examples

- Use of AI
- Virtual Relationships
- Virtual Supervision



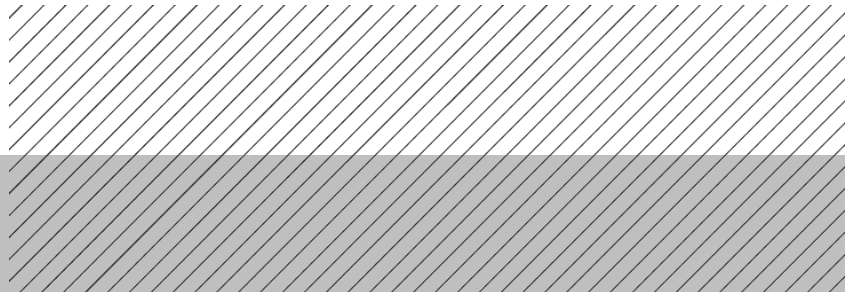
Questions and Answers

What have we not covered that would be useful for us to discuss?

What else would you like to know?

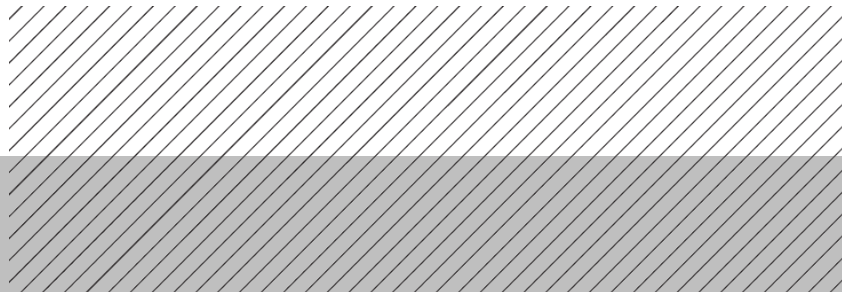
Clarifications?

Elaborations?



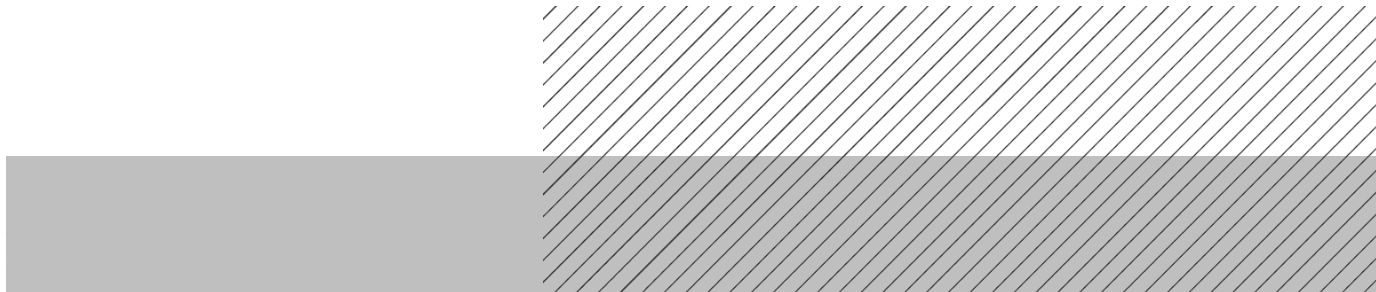
Classic References

- Beanard, J. & Goodyear, R. (2009). *Fundamental of Clinical Supervision 3rd*. Allyn and Bacon, Boston.
- Burck, C., and Daniel, G. (Eds.) (2010). *Mirrors and Reflections: Processes of Systemic Supervision*. London: Karnac.
- Haley, J. (1996). *Learning and Teaching Therapy*. NY: Guilford.
- Lee, R. E., and Everett, C. A. (2004). *The Integrative Family Therapy Supervisor*. NY: Brunner-Routledge.
- Lee, R. E., and Nelson, T. S. (2014). *The Contemporary Relational Supervisor*. NY: Routledge.
- Liddle, H., Breunlin, D., & Schwartz, R. (1988). *Handbook of family therapy training and supervision*. NY: Guilford Press.
- Thomas, F. N. (2013). *Solution Focused Supervision: A Resource-Oriented Approach to Developing Clinical Expertise*. NY: Springer.
- Todd, T. & Storm, C. (2003). *The Complete Systemic Supervisor*. NY: Authors Choice Press.
- <https://www.lpcboard.org/assets/Docs/Resources/LMFT-Supervisor-Provisional-Licensee-Handbook.pdf>



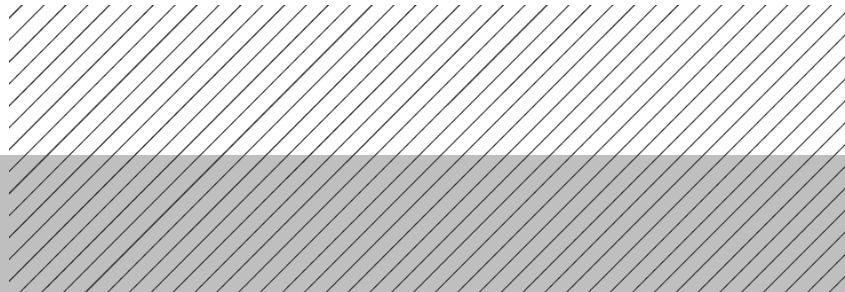
Workshop Evaluation

Please take the time to complete your workshop evaluation.
Feedback is always helpful in planning future trainings.



Resources

- LPC-S
- LMFT-S
- AAMFT Approved Supervisor
- BACS

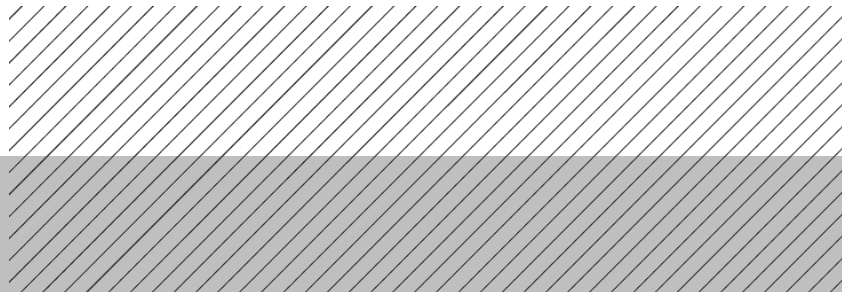


Louisiana LPC-S

1. Licensure Requirements: The supervisor must hold a Louisiana license as a licensed professional counselor.
2. Counseling Practice: The supervisor must have been practicing mental health counseling a minimum of three years post licensure experience.
3. Training in supervision must be consistent with ACA, LCA, NBCC, or CACREP standards, and completed within 5 years of application for board-approved supervision – 2 options:
 1. Graduate Level Academic Training, CACREP equivalent 45-hour (3 CR) course.
 2. Professional Training, 25 clock hours of face-to-face interaction with instructor
4. Documentation of Areas of Expertise (Optional)
5. Can not be a relative or employed by a relative
6. License can not be lapsed, expired, or subject to the terms of probation, suspension or revocation
7. Can not supervise more than 10 supervisees
8. Renew every 2 years (3 clock hours in supervision - \$50 renewal fee and signed Supervisee Update Form)

<https://www.lpcboard.org/rules>

<https://www.lpcboard.org/page/forms>



Louisiana LMFT-S

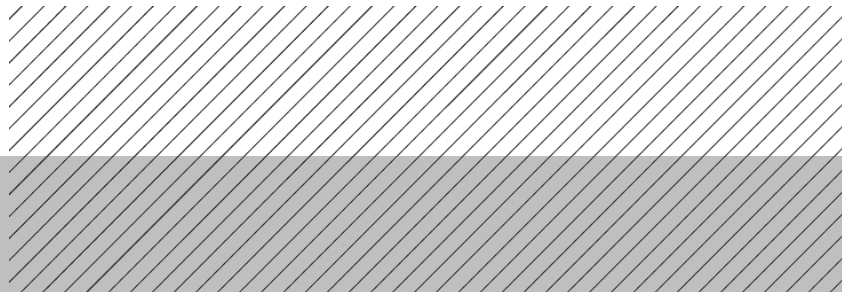
- Graduate course in MFT supervision, or equivalent course (15 hour didactic and 15 hour interactive)
- 2 years as a LMFT
- 36 hours of supervision of supervision

OR

- AAMFT Approved Supervisor Qualifies
- Can not supervise more than 10 supervisees
- Supervisor Candidate: 90 hours of supervision (2 interns 9 months each – 1-3 years)
- Renewal: 6 hours in MFT supervision and \$100 renewal fee (every four years)

<https://www.lpcboard.org/rules>

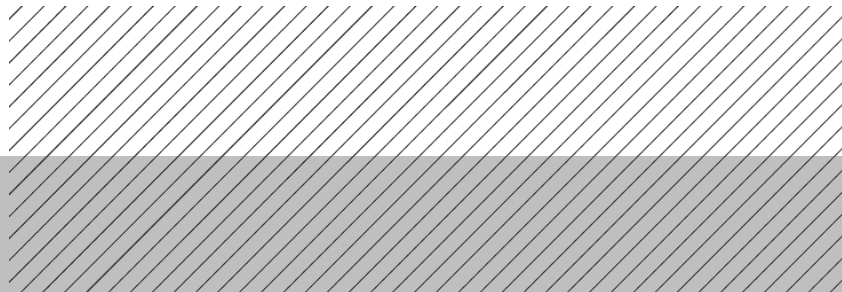
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Becoming a AAMFT Approved Supervisor and Supervisor Mentor

- 18 months
- 180 hours of clinical supervision (2 supervisees length of time determined by mentor; previously for 9 months each)
- 36 hours of supervision mentoring
- AAMFT Pre-Clinical Fellows or Clinical Fellows (Doctoral versus regular track)
- Supervision Fundamentals Course
 - Philosophy of Supervision Paper (Relational, Theory, Goals, Methods, Literature)
 - Five-year time frame
- Must Renew Every 5 years (6 hours Approved Supervisor Refresher Course (within 2 years of renewal date))
- Becoming a Mentor: 120 hours of supervision experience; Focus on supervision skills rather than therapy skills; Focus primarily on live supervision

https://www.aamft.org/AAMFT/Supervision/AS_Designation.aspx



Louisiana BACS

- Hold the LCSW license
- Verify at least 3 years of full-time social work experience at the LCSW level
- Complete a board orientation workshop
- Complete a board approved supervision workshop (theory and techniques of supervision)
- Two signed letters of reference (one must be an LCSW)
- Requirements to Retain BACS:
 - Maintain LCSW license
 - Appropriately conduct all supervisory duties explicated in the Louisiana State Board of Social Work Examiners' Supervision for Professional Development and Public Protection: A Guide (available from the board office).
 - Complete 3 clock hours in clinical supervision every two years

<https://www.labswe.org/bacs-information/>

