

## Wednesday October 18, 2023

**8:00- 11:15**

**3 hours (Supervision, Ethics)**

**Presenter:** Traci Lilley, MSW, LCSW-BACS

**Presenter Biography:** Seasoned social work administrator with more than 20 years of administrative, teaching and social work experience. Dedicated, resourceful professional with proven ability to create and monitor policies and procedures that promote a respectful and productive environment. Effective problem solving and conflict management skills. Mature, honest; with an ability to look at challenges as opportunities. Encourages and maintains open communication with colleagues, clients, and community partners. Highest commitment to ethical practice. Demonstrated ability to work with a wide variety of people to achieve the objectives and goals set by the organization. Flexible and versatile- able to maintain a sense of humor under pressure. Knowledgeable of all state social service agencies and resources-public, private and non-profit.

**Program Title :** Best Practices and New Trends

**Program Description:** The purpose of this workshop is to provide an overview of current supervision trends and evidenced based best practices. Supervision models (tele-supervision, trauma informed, resiliency focused, reflection model, competency based and ethical decision-making model) will be reviewed and used in application to case scenarios. Documentation of supervision sessions will also be discussed as part of the ethical audit tool kit.

**Learning Objectives:**

1. Participants will demonstrate an understanding of regulatory and work supervision.
2. Supervisors will demonstrate the ability to apply various supervision models to issues addressed by supervisee.
3. Participants will identify supervision priorities for supervisees in regard to self-care.
4. Participants will engage in applying supervision models on various ethical, professional, intervention challenges faced by supervisees.

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**11:30-2:45**

**3 hours (Telehealth)**

**Presenter:** Ryan N. Forbes, MA, LPC-S

**Presenter Biography:** Ryan began his work with the Louisiana Methodist Children's Home in 2011 at the Sulphur, Louisiana location. Ryan continued that work at MCHSWLA until 2015 when he was given the opportunity to accept a position as a Clinical Program Manager the Ruston location of the Methodist Children's Home. In January of this year (2023) Ryan was given the opportunity to focus his energy on a different need for youth and is now the Director of Methodist Aftercare Services. In this position, Ryan focuses on increasing the likelihood of effective discharge back home and discerning what factors contribute to a positive return to their homes. Ryan received a Bachelor's degree in psychology from Texas Tech University and a master in Mental Health Counseling from Asbury Theological Seminary in Wilmore, KY. In addition to his agency work, Ryan has maintained a small private practice seeing 8-12 adult clients per week on average.

**Program Title:** Telehealth: An overview of rules and regulations with an introduction in AI technology to assist your counseling practice.

**Program Description:** Teletherapy services are becoming increasingly common and accepted today. Individuals across practically all fields are opting for the benefits of increased access and convenience that it offers to both providers and clients. While teletherapy certainly has its benefits, it also has a great deal of limitations and ethical issues that must be considered. This presentation is designed to help participants better understand the ethical and practical considerations around teletherapy. This training will be practical and conversational in nature and will provide participants with concrete means in which to start or improve their teletherapy services. Presenter will also discuss vital issues such as confidentiality, informed consent, and compliance with Louisiana rules and regulations and provide minimum technology standards recommended for the use of teletherapy from both a practical and an ideal standpoint. The presenter will also discuss some ways in which AI assisted technology such as CHATGPT can be integrated into your practice and how Virtual Reality may be a valuable addition.

**Learning Objectives:**

Individuals attending this training will have better understanding of the following:

1. Participants will gain an understanding of the rules and regulations of teletherapy as they apply to licensees (LPC, LMFT, LCSW) in the state of Louisiana as of the date of this training.
2. Participants will discuss future considerations in Tele Counseling services and how participants may be able to better integrate those services into their service array.
3. The use of other technologies that may improve their Tele Counseling experience.
4. Participants will learn about some of the Ethical issues surrounding the use of Technology in the delivery of mental health services.
5. Participants will gain a working understanding of the technology involved in delivering teletherapy services.

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**3:00-4:30**

**1.5 hours (General)**

**Presenter:** Alberta Green, LPC-s, NCC, M.Ed.

**Presenter Biography:** Alberta Brown Green is the CEO of ABG Professional Development Solutions. She provides Strategic Planning, Organizational Effectiveness, Professional Career Development, Leadership Development, Professional Business Development Trainings, Upper Management & Executive Coaching, Mental Health Counseling, and Life Coaching. Green is a Licensed Mental Health Therapist with Louisiana State Supervision Privileges. Alberta previously served as the Vice President of Organizational Strategy and IT Initiatives for North Louisiana Economic Partnership (NLEP). Before joining NLEP, Alberta was employed as a Lead Organizational Effectiveness Consultant with CenturyLink, a Fortune 500 company. Prior to her role at CenturyLink, she served as the Director of Career Connections at the University of Louisiana at Monroe and developed several career placement programs. Alberta is currently pursuing her Ph.D., in Human Capital Development, at the University of Southern Mississippi. Alberta earned her Bachelor's Degree in Arts and Humanities and her Master's Degree in Mental Health/Career Counseling from the University of Louisiana Monroe. In 2021, Alberta received the Blue Cliff College Words of Wisdom Award. In 2020, Alberta was selected to the National Society of Leadership and Success for the University of Southern Mississippi. In 2019, she received the Thomas H. Scott Award of Excellence for Small Businesses and the "Women in Business Excellence Award" for the Louisiana Cluster I of Delta Sigma Theta Sorority Inc. In 2018, she received the James M. Shipp, Jr. Memorial Young Business Leadership Award. In 2015, Alberta was named "Rising Young Alumni" at the University of Louisiana at Monroe. Alberta also received the "Top 20 under 40" Award for North Louisiana. As a Human Capital Development (HCD) Consultant, facilitator, and Licensed Professional Counselor, Alberta's extensive knowledge in the areas of Strategic Planning, Organizational Effectiveness, Business Development, and Upper Management & Executive Coaching, has earned her a reputation of excellence. Alberta holds professional memberships with SETA (Southeastern Employment & Training Association), CABL (Council for a Better Louisiana), BPW (Business Professional Women), LCA (Louisiana Counseling Association), LACE (Louisiana Association of Colleges and Employers), SHRM (Society of Human Resource Management), and DST Delta Sigma Theta Sorority Inc.). Alberta currently serves on several boards, including the Biomedical Research Park Board, Christopher Youth Center Board, The University of Louisiana Monroe Foundation Board, The Living Well Foundation Board, the United Way of North LA Board and the Monroe Chamber of Commerce Board. Previously, she served on the University Health Conway Board, and the Ouachita Business Alliance Board. Alberta is a supporter of Military men and women, a lover of innovative technology gadgets, different genres of music, theatre, and the arts.

**Program Title:** Strategies to De-stress and Recharge your Life After Burnout and Depression

**Program Description:** Strategies to De-stress and Recharge your Life After Burnout and Depression is designed for the individual who fits the description below:

Have you ever wondered how accomplishing certain tasks and goals seem to be such a struggle? Has managing your daily work responsibilities and home life become more difficult? Do you ever feel tired or can't keep up with the constant increasing demands of work and home, only to realize that you are burned out by the end of the day? Is coping with your job, family, health, and stress level weighing you down? Are you having trouble establishing a balance between work and other life demands while caring for your family and own well-being? During this session you will learn to set sound strategies for your work and life that allow you to remove stressors and properly recharge, so that you CAN and YOU WILL become a better YOU! Below are the learning objectives that will help you "REBOOT" or enhance the strategies you've already created for yourself.

**Learning Objectives:**

1. Stress and Depression Symptoms, Causes, and Risk-Factors
  2. Burnout Symptoms, Causes, and Risk-Factors
  3. The Awakening
  4. Strategies to Recharge your Career and Life
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**4:45-6:15**

**1.5 hours (Diagnosis/ Assessment)**

**Presenter:** Richard L. Sylvester, Ph.D., MSCP

**Presenter Biography:** Richard L. Sylvester, Ph.D., MSCP currently provides outpatient services for children, adolescents, and adults. He is licensed as a psychologist and medical psychologist in Louisiana. He holds licensure in Arkansas as a psychologist with specialties in criminal forensics and addictive disorders. He has worked in inpatient as well as outpatient settings and primarily served children and adolescents for much of his career. He is the former Director of Training for South Arkansas Regional Health Center (SARHC) and their American Psychological Association accredited internship program in psychology as well as former Director of Clinical, Emergency, and Forensic Services for SARHC. He earned his doctorate in Counseling Psychology from Louisiana Tech University. He holds masters' degrees in counseling, clinical psychology, and clinical psychopharmacology. He currently resides in Louisiana with his wife and seven-year-old son. In his spare time, he enjoys reading, outdoor activities, and tinkering with cars.

**Program Title:** It's the Voices...

**Program Description:** Attendees of this presentation will be given information which will aid the clinician in defining and differentiating between malingering and feigning illness. Each participant will be given instructions on how to conduct discussions/interviews with clients who may be either malingering or feigning, and further how to move forward with the identified client/patient. Much emphasis shall be given to the common signs and traits of malingerers and feigners with the use of several unique cases. Group participation and exploration will also be utilized.

**Learning Objectives:**

1. Define malingering.
2. Differentiate between malingering and feigning.
3. Discuss common signs of feigned psychosis.
4. Discuss common signs of genuine psychosis.
5. Learn how to gather information to differentiate between genuine and feigned symptoms.

**Thursday October 19, 2023**

**8:00- 9:30**

**1.5 hours (Diagnosis/ Assessment)**

**Presenter:** David J. Williams, Ph.D., MP

**Presenter Biography:** Dr. Williams is an advanced practice medical psychologist who co-owns and serves as the clinical director at an outpatient mental health clinic in Monroe, Louisiana. He completed his doctorate in counseling psychology at Louisiana Tech University, and his dissertation was entitled "Preventing driving under the influence through informal interventions: An examination of the decision-making process common to potential DUI offenders." In his early professional career, he published in the scientific literature and presented at academic conferences on program evaluation, persons with disability, changing attitudes associated with predicting underage alcohol use, DUI, and the duty to protect. He also served as an editor of "The Clinical Practitioner" which is the nationally distributed newsletter of the National Alliance of Professional Psychology Providers. Since then, he has become much more involved with the clinical and applied aspects of psychology. His interests include scientifically based psychotherapies, clinical and ethical decision making, and using systems of thought in clinical case conceptualization. He continues to serve his profession by acting as the Membership and Nominations Chair on the Board of Directors for the Louisiana Academy of Medical Psychology. Dr. Williams provides medication management, scientifically validated and manual based psychotherapies as well as more 'process-oriented,' strength-based, and evidence-informed psychotherapies, and both general and specialized psychological evaluations.

**Program Title:** ADHD: Multimodal Assessment, Diagnosis, and Behavioral Treatment

**Program Description:** ADHD is easily one of the most misunderstood, misdiagnosed, and mistreated mental health issues that there is. In this presentation, Dr. Williams will review diagnosing ADHD using multimodal assessment strategies and describe standard of care ADHD treatment. There will be a strong emphasis on the behavioral aspects of ADHD.

**Learning Objectives:**

Individuals attending this training will have better understanding of the following:

1. Understanding ADHD diagnostics and the need for multimodal assessment
2. Learning about standard of care ADHD treatment
3. Learning a system for behavior modification that emphasizes parent-child relationship dynamics.

**9:45-1:00**

**3 hours (Ethics)**

**Presenter:** John C. Simoneaux, Ph.D.

**Presenter Biography:** John C. Simoneaux, Ph.D. is a forensic psychologist in central Louisiana. He has been in practice for 35 years. He is the owner of Consulting Psychologists of Central Louisiana and Professional Training Resources, Inc. His clinical practice involves work for the courts and legal professionals throughout the state, including court-ordered child custody evaluations, sanity/competency assessments, legal consultations, etc. For more than 25 years Dr. Simoneaux has offered continuing education seminars for mental health and legal personnel throughout the state on a wide variety of topics.

**Program Title:** Child Custody: What Therapists Need to Know

**Program Description:** This Presentation will extensively cover Louisiana Custody Laws and how they relate to a therapist's role. The laws will be explained in detail and will outline the concerns that therapists should be aware of. Ethical and legal dilemmas and how to work with the court system will be covered as well.

**Learning Objectives:**

1. Describe Louisiana laws related to child custody, visitation, relocation, and other concerns important to therapists who work with families, parents, and children.
  2. Explain common ethical and legal dilemmas counselors may face when involved with problems relating to divorce and child custody litigation.
  3. Utilize techniques to help clients avoid many pitfalls regarding child custody matters to save anguish, harm to children, and financial losses.
  4. List recommended practices for the non-forensic practitioner that will assist in avoiding the most common mistakes made by therapists in custody and visitation matters.
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**1:15-4:30**

**3 hours (General)**

**Presenter:** Hillary Keeney, Ph.D., and Bradford Keeney Ph.D.

**Presenter Biography:** Hillary Keeney, PhD and Bradford Keeney, PhD are internationally renowned teachers whose students are many of today's leaders of family therapy. Founders and former directors of several clinical graduate programs, Hillary and Brad have authored nearly fifty books on psychotherapy, global healing traditions, and qualitative research. Their most recent book is *The Creative Therapist in Practice* (2019).

**Program Title:** Creative Intervention for Therapeutic Inspiration

**Program Description:** Sometimes the lives of clients and the efforts of their therapist or counselor get stuck. Here we find the need for potent creative intervention that goes outside the box of habitual convention. The goal is to initiate *inspiration for change* with an uncommon action, surprising interaction, novel theme construction, or innovative suggestion that gets transformation in motion.

The unique creative art and systemic science of liberating the ubiquitous impasse in therapeutic work was developed by the Keeney's in universities, institutes, and clinics throughout the world. As the inventors of Creative Therapy, Hillary and Brad bring a wide range of tools to the people-helping professions. They work with a background in systemic intervention, diverse healing traditions, and the use of the performing arts to awaken resourceful change in others. The Keeney's begin a session with a conversational exploration that establishes an expanded frame within which to situate daily life. From inside this thematic shift, the design of a creative intervention begins. Following the face-to-face meeting, a special audio recording is produced and sent to the clients. The Keeney's special use of rhythmic, poetic, and tonal improvisation conveys their signature form of musical trance. Here the unconscious mind is enlisted to help mobilize deeper dynamics of change—the emotion, motivation, and inspiration stirred by the right tones, beats, and metaphors.

**Learning Objectives:**

1. Participants will learn the basic dynamics of crafting a creative therapeutic intervention.
2. Participants will learn at least two new practices for awakening greater inspiration and creative presence in their sessions.
3. Participants will learn about the unique approach of musical trance as a means of enlisting the unconscious in mobilizing change.

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**4:45-6:15**

**1.5 hours (Diagnosis/ Assessment)**



**Presenter:** Scott Lepley, BCBA, LBA & Johnathon Robert, LPC, LMFT

**Presenter Biography:** Scott Lepley is a Board-Certified Behavior Analyst and Licensed Behavior Analyst that has been practicing in Louisiana since 2017. He is originally from New Orleans, and currently lives in Shreveport with his wife Christy and son Michael. In 2011, Scott graduated with his Bachelor of Science degree in Psychology with a minor in Sociology from Louisiana State University before obtaining his Master of Science degree in Psychology from the University of Louisiana-Monroe. In 2017, he completed his post-graduate Behavior Analytic coursework at the University of Massachusetts-Lowell. During his career, he has had the opportunity to hold various positions in autism treatment clinics across the state, including stops in Baton Rouge, Monroe, Ruston, and Shreveport. Scott brings the experience of over 10 years in the field to the position of Chief Director of Family Solutions' Behavioral Developmental Services (BDS) Division. As Chief Director, Scott oversees the development and operations of the BDS Division state-wide, including the oversight of BDS's five autism treatment clinics in Monroe, West Monroe, Ruston, Lafayette, and Shreveport. Scott also provides training and education on the benefits of Applied Behavioral Analysis to community shareholders who are affected by children and adolescents with developmental disabilities, to promote education and awareness on these matters in our region. Above all, Scott's passion is to create an environment that promotes a client centered therapeutic space, and a culture where clinicians feel supported to pursue their passion in helping clients achieve their most fulfilling life.

Johnathon Robert is a Licensed Professional Counselor and a Licensed Marriage and Family Therapist in the state of Louisiana. He has over 15 years of experience as a therapist working with individuals, couples, and families in a variety of settings, including community behavioral health clinics, adult and juvenile drug courts, and the juvenile justice system. In his years as a helping professional, Johnathon has worked with individuals of all ages to address a variety of behavioral health issues, including anxiety, depression, suicidal ideation, self-harm, stress, anger issues, grief/loss, trauma, substance use, and adjustment to difficult life changes, to name a few. Johnathon also has a special interest and training in working with family concerns, including relationship struggles, boundary/co-dependency issues, parenting issues, and child/adolescent behavioral concerns. In recent years, Johnathon has applied his years of experience as a clinician towards the domain of behavioral health administration, where he currently serves as the Chief Operating Officer of Family Solutions – Practice Management (FSPM). As COO, Johnathon oversees the operations of FSPM's four service divisions – Outpatient Counseling, Behavioral Developmental Services, Pediatric Therapy, and Immigrant Detention Behavioral Health. Through these four divisions, FSPM provides comprehensive behavioral health services at 18 treatment sites located in Louisiana, Texas, Georgia, and Arizona, with the over-arching mission of promoting behavioral health and wellness with all they serve. Johnathon received his Bachelor of Arts degree in Psychology and his Master of Arts degree in Marriage and Family Therapy from the University of Louisiana at Monroe. When he is not in the office, he enjoys traveling and finding adventures with his wife and young son.

**Program Title:** Counseling Children, Adolescents, and Families Living with Autism Spectrum Disorder: Education and Potential Approaches

Program Description: This presentation aims to give behavioral health clinicians a greater understanding of how children and adolescents with Autism Spectrum Disorders (ASD) process interactions differently than neurotypical individuals, along with an overview of how Licensed Behavior Analysts utilize this knowledge to administer Applied Behavioral Analysis treatment to children and adolescents with ASD. This presentation also aims to use this new knowledge to present ways of adapting some common behavioral health counseling approaches to be effective with children and adolescents with ASD. Approaches for both individual and family systems counseling will be addressed. This presentation will also provide education on diagnostic features that may indicate the presence of an ASD with a client, as well as education on what formalized assessments may be used to arrive at a formal diagnosis for ASD. Suggestions on how behavioral health clinicians can work collaboratively with behavioral analysts towards effective outcomes in treatment for clients and their families will also be included.

**Learning Objectives:**

1. Participants will learn what Autism Spectrum Disorder (ASD) is, as well as what diagnostic features indicate the potential presence of ASD in clients.
2. Participants will learn how children and adolescents with ASD process interactions and environmental information differently than neurotypical individuals.
3. Participants will learn about Applied Behavior Analysis (ABA), and how Licensed Behavior Analysts administer ABA to children and adolescents with ASD.
4. Participants will use the information learned from Learning Objectives 1 & 2 to learn how common individual and family systems counseling approaches might be adapted to be more effective with children and adolescents with ASD, as well as with their families.
5. Participants will learn to identify some formalized assessment tools that may be used in the formal assessment/diagnosis of ASD by Psychologists and/or BCBAs.
6. Participants will learn strategies on how to effectively collaborate with BCBAs towards effective outcomes in treatment for clients and their families.